

## 2010-2011 Fall Program Schedule



### Our Mission

To impact the lives of young people by providing learning facilities and educational programs that promote character development and life-enhancing values through the game of golf.

### After-School Programs

#### The First Tee Life Skills Experience®

The First Tee Life Skills Experience®, a curriculum for teaching specific life skills through the game of golf, is one of the unique features that differentiates The First Tee from other youth initiatives and junior golf programs. It strives to instill in participants The First Nine Core Values: **honesty, integrity, sportsmanship, respect, confidence, responsibility, perseverance, courtesy, and judgment.** Through the Life Skills Experience young people around the world discover how skills essential to success on a golf course can also help them flourish in life. These skills include self-management, interpersonal communication, goal setting, mentoring and effective conflict resolution. This curriculum was developed by experts in the field of positive youth development and is delivered by coaches trained through The First Tee Coach Program. The First Tee of Greater Austin

#### Teaching Life Skills Through Core Lessons

A key strategy The First Tee uses to deliver life skills programs successfully is the use of core lessons. Core lessons are formal plans through which coaches determine a life skill they will teach then consistently create teaching templates based upon the following:

- Participants' ages and golf skill levels
- Selection of a practical golf activity to match the life skill lesson
- Bridging the golf lesson to life by asking open-ended questions

The First Tee Life Skills Experience® is divided into four levels starting with Par and advancing to Birdie, Eagle, and Ace. The First Tee's Primary vehicle for delivery of its research-based Life Skills Experience Curriculum is through an after-school program

- The after-school program is a twelve -week program
- Par class is for ages 7 - 12.
- Each session is 90 minutes in length
- A certified First Tee Instructor teaches each lesson with 4-5 screened/trained mentors.
- If students do not have clubs, The First Tee will provide a loaner set of clubs free of charge

**PAR LEVEL teaches basic golf skills focusing on fundamental communication and self management**

Tuesday Class February 8 — May 3 4:30 — 6 P.M.

\$200/12 week session + The First Tee Annual Membership

Fee (For Membership Benefits see website)

**Satellite Facilities**  
**Mr. Tee Golf @**  
**Hwy 620 & Parmer Ln**  
**512-335-4444**  
**Mrteegolf.com**

**To register**  
**Call 732-0380 ext 209 or**  
**Email [charlotte@firstteeaustin.org](mailto:charlotte@firstteeaustin.org)**

Approval or distribution of these flyers is in no way an endorsement of such services activities, and/or products of the school district.

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